



Walk to Emmaus  
THE UPPER ROOM

# L.O.V. Emmaus Community

Limestone-Ohio Valley Emmaus Community

Mother's Day Issue

L.O.V.E. COMMUNITY NEWS

April

*While they were talking and discussing, Jesus himself came near and walked with them.*

**Luke 24:15**

### Upcoming Events:

- Gathering April 27
- Men's Walk #8: April 29—May 2
- Gathering May 25
- Women's Walk #8: June 3—June 6

Next Community Gatherings at 7:00 p.m.  
The Maysville Church of the Nazarene  
156 Maple Leaf Rd.

*If possible, bring a snack to share!*

Board of Directors:  
April 27 at 5:45 pm  
May 25 at 5:45 pm

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# A MOTHER'S BLESSINGS

For those who are lucky to still be blessed with your Mom, this is beautiful. For those who aren't, this is even more beautiful.

The young mother set her foot on the path of life. "Is this the long way?" she asked. And the guide said "Yes, and the way is hard. And you will be old before you reach the end of it. But the end will be better than the beginning."

But the young mother was happy, and she would not believe that anything could be better than these years. So she played with her children, she fed them and bathed them, and taught them how to tie their shoes and ride a bike and reminded them to feed the dog and do their homework and brush their teeth.

The sun shone on them, and the young Mother cried, "Nothing will ever be lovelier than this." Then the nights came, and the storms, and the path was sometimes dark, and the children shook with fear and cold, and the mother drew them close and covered them with her arms, and the children said, "Mother, we are not afraid, for you are near, and no harm can come."

And the morning came, and there was a hill ahead, and the children climbed and grew weary, and the mother was weary. But at all times she said to the children, "A little patience and we are there." So the children climbed, and as they climbed they learned to weather the storms. And with God's help, she gave them strength to face the world. Year after year, she showed them compassion, understanding, hope, but most of all, unconditional love.

And when they reached the top they said, "Mother, we would not have done it without you." The days went on, and the weeks and the months and the years, and the mother grew old and she became little and bent. But her children were tall and strong, and walked with courage. And the mother, when she lay down at night to thank our Heavenly Father, looked up at the stars and said, "This is a better

day than the last, for my children have learned so much and are now passing these traits on to their children."

And when the way became rough for her, they lifted her, and gave her their strength, just as she had given them hers. One day they came to a hill, and beyond the hill, they could see a shining road and golden gates flung wide.

And mother said: "I have reached the end of my journey. And now I know the end is better than the beginning, for my children can walk with dignity and pride, with their heads held high, and so can their children after them."

And the children said, " You will always walk with us, Mother, even when you have gone through the gates." And they stood and watched her as she went on alone, and the gates closed after her. And they said: "We cannot see her, but she is with us still. A Mother like ours is more than a memory. She is a living presence."

Your Mother is always with you. She's the whisper of the leaves as you walk down the street, she's the smell of certain foods you remember, flowers you pick and perfume that she wore,

she's the cool hand on your brow when you're not feeling well, she's your breath in the air on a cold winter's day. She is the sound of the rain that lulls you to sleep, the colors of a rainbow, she is Christmas morning.

Your Mother lives inside your laughter. And she's crystallized in every tear drop. A mother shows every emotion..... happiness, sadness, fear, jealousy, love, hate, anger, helplessness, excitement, joy, sorrow..... and all the while, hoping and praying you will only know the good feelings in life. She's the place you came from, your first home, and she's the map you follow with every step you take. She's your first love, your first friend, even your first enemy, but nothing on earth can separate you. Not time, not space .....not even death!

Not time, not space .....not even death!

*Thank you to Bren Frodge for sharing this article!*



## Men's & Women's Walk #8 Team Members

<b>Spiritual Director</b>	Rev. Mike Starkey	Rev. Ray Snider
<b>- Assistant</b>	Rev. Charles Mallory	Rev. David Laycock
<b>Lay Director</b>	Bob Bennington	Walene Bennett
<b>-Assistants</b>	Bill Shelton	Georgjean Shelton
	Brent Arn	Judy Day
	Wayne Harper	Kay Grooms
<b>Board Rep.</b>	Jeff King	Stella Hull
<b>Table Leaders</b>	Tom Josche	Lori Perry
	Ed Siders	Colette McGinnis
	Alan Hughes	Dena Pully
	Jim Pyle	Debbie Pfeffer
	Joe Howard	Elizabeth Smith
		Cyndi Frogde
<b>-Assistants</b>	Mark Gast	Sally Teegarden
	Jeff Frogde	Donna Tavis
	Bob Smith	Kathy Lofton
	Mike Harper	Dona Hamilton
	Allen Hester	Brenda Howard
		Helen Henry
<b>Music Director</b>	Marc Wells	Sharon Snider
<b>-Assistants</b>	Tim Naylor	Mary Banks
		Amanda Snodgrass
<b>Prayer Servants</b>	Tim Anderson	Shirley Josche
	Tom Moran	Janet Stohman
<b>Logistics</b>	Frosty Frost	Karen Hughes
	Jason Weber	Rebecca Smith
	Phil Laber	Bren Frogde
<b>Clown Ministry</b>		Bob Hedlesten
		Sue Hedlesten
<b>Kitchen</b>	Joe Cable	Cynthia Snider
	George Smith	

**Please pray for our team members, that they will serve in humility, and with gratitude for the opportunity. That they will be reminded that the Holy Spirit calls for their love, patience, kindness, gentleness, and self control in all things!**

## Pilgrims - Walk #8

Men's Walk (April 29—May 2)	Women's Walk (June 3-6)
1. Bud Bentley	1. Kay Abney
2. Wid Boyles	2. Oreatha Barber
3. Michael Bradford	3. Dorothy Bentley
4. Andy Brillhart	4. Tracy Berry
5. Jim Butcher	5. Debra Caudill
6. Dell Click	6. Michelle Clark
7. Mark Cotton	7. Jill Evans
8. Jim DeAtley	8. Bonnie Fox
9. Chuck Fetters	9. Linda Gill
10. Kenny Fox	10. Tabatha Henderson
11. Jonathan King	11. Melody Henry
12. Fred Kragler	12. Marcella Mullins
13. Jeff Lambert	13. Mary Beth Norris
14. Brandon McGinnis	14. Marian Oney
15. John Mitchell	15. Reena Ralston
16. Jamie Mitchell	16. Jerrye Jo Redden
17. Gerald Mullins	17. Brenda Reed
18. Steve Richards	18. Peggy Richards
19. Barry Rodbell	19. Dottie Smith
20. Michael Starkey	20. Carol Spriggs
21. Bill Tom Stone	21. Helen Stephan
22. Donnie Townsend	22. Sandi Trammell
23. George Vastine	23. Alyssa West
24. Richard Werner Jr	24. Traci Zipperian

***Please be in prayer, specifically by name, for these pilgrims who are answering God's call to participate in our upcoming walks. We ask that they have open ears, minds, and hearts to receive whatever He has in store for them!***

## News of the Men's Walk:

From Bob Bennington—Lay Director, Men's Walk #8

Great news!! The men's walk is almost upon us (it probably will be when you read this) and it looks as though we may have a "full" walk for the first time ever. For the first walks in the LOVE community we scratched and sweated two weeks prior to the walk just to have enough men to keep from canceling the walk.

However, this walk has 24 men signed up with a week to go for signups. This is great news. The success of the enrollment is due directly to the involvement of the community in encouraging members of their local congregations to step forward and become leaders in their respective churches just as they themselves stepped forward.

By becoming a pilgrim on an Emmaus Walk each person is taking a big step toward improving his or her relationship with God through His Son, Jesus Christ. It is our goal to lift up and create leaders in the local churches and the increased enrollment is a sign that we are succeeding in that goal. Keep up the good work and help spread the Good News!

## Experiencing Life Together

God intends for us to experience life together. The Bible calls this shared experience *fellowship*. Real fellowship is so much more than just showing up at services. It is *experiencing life together*. It includes unselfish loving, honest sharing, practical serving, sacrificial giving, sympathetic comforting, and all the other "one another" commands found in the New Testament.

When it comes to fellowship, size matters: *Smaller is better*. You can worship with a crowd, but you can't fellowship with one. The body of Christ, like your own body, is really a collection of many small cells. The life of the Body of Christ, like your body, is contained in the cells. This is where real community takes place, not in the big gatherings. If you think of your church as a ship, the small groups are the lifeboats attached to it.

God has made an incredible promise about small groups of believers; "For where two or three have gathered

together in My name, I am there in their midst." Matthew 18:20

Authentic fellowship is not superficial, surface-level chit-chat. It is genuine, heart-to-heart, sometimes gut-level, sharing. It happens when people get honest about who they are and what is happening in their lives. They share their hurts, reveal their feelings, confess their failures, disclose their doubts, admit their fears, acknowledge their weaknesses, and ask for help and prayer. (Excerpts from *Purpose Driven Life* by Rick Warren; Chapter 18)

If you would like specific information and/or assistance of any type, email me at [goodshepherd@lovemmaus.org](mailto:goodshepherd@lovemmaus.org). I am in an active share group and would love to share our devotion that grows each week for each other and for our journey in our relationship with Jesus Christ as our Lord and Master.

Colette McGinnis  
The Good Shepherd

## News of the Women's Walk:

April 17<sup>th</sup> is our first team meeting for Women's Walk #8. The team is very excited and ready to prepare for this Walk. God has shown from the beginning that he has a plan and purpose for Walk #8 and he is definitely in control and will guide and lead us in the coming weeks as we prepare. I have chosen Philippians 4:4-7 to guide and help us focus on the task God has called us to do. "Rejoice in the Lord always. I will say it again: Rejoice!"

As you read the rest of the scripture, the Lord ask us not to be anxious about anything, but in prayer and thanksgiving present your requests to God and the peace of God will guard your hearts and minds in Christ Jesus.

I would ask that the L.O.V.E. Community keep the team in prayer. Satan hates our answering God's call to service. Also pray for the Pilgrims that they will come seeking a real desire to seek God and will experience HIM in a way that will change their lives.

God Bless!  
Walene Bennett, Lay Director  
L.O.V.E. Community Women's Walk #8

## From the Spiritual Director . . .



Hello beautiful Emmaus people!

One Saturday evening in August 2000, I found myself in a speeding ambulance headed for St. Joe's hospital in Lexington, Kentucky.

Earlier I had been admitted to the hospital in Maysville for a blood clot in my leg and suffered a pulmonary embolism. Scary! On the way there I had lots of thoughts like: "What if I move the wrong way, or the ambulance hits a bump and dislodges another clot?" (Hey guys, take it easy...!) I felt as if I was on a bubble floating to earth that could burst at any moment.

At this critical time the Lord spoke, "Mike, have faith not fear." Andrew Murray writes about faith: "Never try to arouse faith from within yourself. You cannot stir up faith from the depths of your heart. Leave your heart and look into the face of Christ!"

This will always be the Lord's simple solution to the complexities life will present. It is the reason we can live as Easter people in a Good Friday world! By the time I reached the hospital I was "off the bubble."

We know how hectic things can get in the weeks and days preceding a Walk. In these times, as in all, we remember the source of strong faith is leaving our heart (which tends to look at the negative first) and turn to look in the face of Christ. Through our acts of faith, whether on a walk, supporting a walk, attending gatherings, or attending our ministry in the local church, God will perform mighty wonders as we look into the face of Christ!

De Colores,  
Michael Canada  
LOVE Community Spiritual Director



## From the Registrar . . .

I am happy to announce we have 24 men registered for walk #8. This is the **first time** the men's walk has ever had this many, this early. The Women's Walk #8 has 24 women, plus 2 on the waiting list. All of the sponsor's letters and pilgrim's letters were mailed on April 13<sup>th</sup> for the women. If there are any cancellations, please let me know as soon as possible, so we can let those on the waiting list know.

I want to congratulate the LOVE community in getting the word out early, and for following God's call for these walks. As it says in **1 Corinthians 12:12** - *The body is a unit, though it is made up of many parts; and though all its parts are many, they form one body. So it is with Christ. And in 1 Corinthians 12:27 - *Now you are the body of Christ, and each one of you is a part of it.**

As I have joined the LOVE Community, I have felt very fortunate to be a part of the Body of Christ. There are those that serve on the board, teams, and those in the community that do the little things behind the scenes and I want to say "Thank you" and GOD Thanks you. I applaud all of you for being a working part of the Body of Christ.

If you need to contact me about the walks, you can either call me at 606-759-5006 or email me at: [cfrodge@emerson-ept.com](mailto:cfrodge@emerson-ept.com).

Cyndi Frodge  
LOVE Community Registrar



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Limestone-Ohio Valley Emmaus Community

## UPCOMING WALK DATES ANNOUNCED!

**MEN'S WALK #8:**  
APRIL 29 - May 2, 2004

**WOMEN'S WALK #8:**  
JUNE 3 - 6, 2004

**MEN'S WALK #9**  
SEPTEMBER 9 - 12, 2004

**WOMEN'S WALK #9**  
OCTOBER 7 - 10, 2004

[www.lovemmasus.org](http://www.lovemmasus.org)

## L.O.V.E. Community Board of Directors

**Chairman:**

Bob Bennington  
Home: 937-544-5900  
Chairman@LOVEmmaus.org

**Vice-Chairman:**

Stacy Downing  
Home: 606-759-7655  
ViceChairman@LOVEmmaus.org

**Secretary:**

Judy Day

**Treasurer:**

Kay Moran

**Immediate Past Chair:**

Jim Downing

**Spiritual Director:**

Rev. Mike Canada

**Sponsorship:**

Roger Cheesbro

**Registrar/Membership:**

Cyndi Frodge

**Communications:**

Rebecca Smith  
Newsletter@LOVEmmaus.org

**Agape Correspondence:**

Julia Warner

**Gathering Committee:**

Rev. Bill Henry

**Music Director:**

Sharon Snider

**Good Shepherd:**

Colette McGinnis

**Chrysalis Coordinator:**

Debbie Shoemaker

**Worship Director:**

Delace Canada

**Volunteer Coordinators:**

Steve and Kathy Weber

**Logistics:**

Jeff & Jutta King

**Social:**

Bill and Georjean Shelton

**Kitchen:**

Pat Welti



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P.O. Box 454

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**MOM'S THE WORD!**

