



Walk to Emmaus
THE UPPER ROOM

L.O.V.Emmaus Community

Limestone-Ohio Valley Emmaus Community

Labor Day Issue

L.O.V.E. COMMUNITY NEWS

August

While they were talking and discussing, Jesus himself came near and walked with them.

Luke 24:15

Upcoming Events:

- **Gathering/Cookout August 24**—at Camp Ruggles, meet at 6:00 pm, eat at 6:30, worship at 7:30! Meat & drinks will be provided, but please bring a potluck dish to share!
- **Gathering— September 28** at Maysville Church of the Nazarene, 7:00 pm. If possible, please bring a snack to share.

Board of Directors:
August 31, 7:00 pm
September 28, 5:45 pm

Inside this issue:

<i>Men's & Women's Walk #9 Teams</i>	2
<i>Walk #9 Pilgrim Lists</i>	2
<i>News of the Men's Walk</i>	2
<i>Watching Out For One Another</i>	3
<i>Flemingsburg Praise Team</i>	3
<i>From the Spiritual Director</i>	3
<i>Agape News</i>	3

GROWTH & CHANGE

What a blessing to see our LOVE Community grow. Growth and change go hand in hand. The saying, "Hindsight is always better than foresight" is very true. So as we look back and forward at the same time, we find it is necessary to evaluate our Emmaus walks and also plan for our future walks.

One important tool we use is the "Handbook" because The LOVE Community has signed a covenant with "The Upper Room" to conduct our Walks according to the Emmaus model. This assures us that the Emmaus experience enjoyed by our Pilgrims will be very similar in content to any other Walk put on by any other community. That "quality control" is critical to the success of Emmaus.

The LOVE Community has appointed a LEAD (Learn, Educate and Do) Committee with the goal to remain true to the Emmaus model and allow the Holy Spirit to do its work through that model. The Emmaus model has been tested over thousands of Walks, with thousands of Pilgrims at hundreds of sites and, as we can all attest, it is an anointed tool of the Holy Spirit when used properly.

Everything done on the Walk--and at Candlelight--is held up to the model and is done with the Pilgrims in mind. Certainly, the community and the team are a critical part of the evening but the Candlelight experience is for the Pilgrims.

The fact is that the LOVE Community (myself included) is a bunch of huggers!! While that is a blessing to most of us, the fact is that many Pilgrims, particularly the ladies, are not comfortable with receiving hugs from those they don't know during the Candlelight service. For this reason, keeping the Pilgrims as our focus, we are asking that the community hug only when the Pilgrim initiates the hugging.

Similarly, so that the Pilgrims don't feel left out, the community needs to hug only our spouses on the team as they come down for Candlelight. The point is that we don't want to make the Pilgrims feel uncomfortable or left out with all of our hugging as a team or community. (Hug all you want at the closing and the Gatherings!)

One other area of change is the way we line up for Candlelight as a community. In fact, this is a blessing--not a problem. The fact is that our community has now grown to the point where we are too large to have everyone on the aisles to personally greet the Pilgrims. So that we might make sure the Pilgrims get to see, greet (and yes, even hug!) their spouses, sponsors or close friends, we would ask that the community allow those closest to the Pilgrims (spouses, sponsors, etc) the front spot in the line.

We are serious about our commitment to "The Upper Room" and to our Pilgrims. Everything we do as a community during the Walk will be viewed

from the Pilgrims perspective. Rest assured that it is not our intent to limit the joy of the Walks or to limit the work of the Holy Spirit. The information presented here is the collective experience of those that put together the model and of the LEAD Committee members working with that model and in the LOVE Community.

God has blessed this Emmaus movement and has blessed the LOVE Community. One major reason for that is that the members of this community are truly committed to bringing an authentic, caring, loving Emmaus experience to our Pilgrims and to our community. We thank you for that commitment and for your love of the Lord and this Emmaus experience.

de Colares,

Jim Downing—LEAD Committee Co-Chairman

YOU'RE INVITED!

DON'T FORGET!!!
Please join us at Camp Ruggles for an Outdoor Gathering and Cook-Out!

Date: Tuesday—August 24, 2004
Time: 6:00 pm—Gather & Fellowship
6:30 pm—EAT!
7:30 pm—Worship Service
Tabernacle

- Meats, buns, and drinks will be provided. Please bring a lawn chair and your favorite potluck dish or dessert to share.
- Child care, if needed, will be provided during worship.

Summer Fun

WHATEVER YOU DO...
WE SALUTE YOU!
LABOR DAY

Men's & Women's Walk #9 Team Members

Spiritual Director	Ray Snider	Jim Vaden
- Assistant	Charlie Shoemaker	Charles Mallory
Lay Director	Jeff King	Georgjean Shelton
-Assistants	Wayne Harper	Debbie Pfeffer
	Jim Downing	Judy Day
	Brent Arn	Shirley Arn
Board Rep.	Bill Shelton	Walene Bennett
Table Leaders	Tom Josche	Donna Tavis
	Tim Teagarden	Sally Teagarden
	Al Rhonemus	Janet Lester
	Roger Cheesebro	Theresa Mallory
	Marc Wells	Jutta King
		Allison Dunn
-Assistants	Phil Brown	Angie Bowling
	Joe Cable	Wanda Bowman
	Alan Leonard	Linda Ratcliff
	John Bisotti	Elise Starkey
	Dave Wallace	Pat Welti
		Nell Wise
Music Director	Mike Canada	Kathy Bisotti
-Assistants		Tracy Wells
Prayer Servants	George Smith	Brenda Howard
	Robert King	Patty Rhonemus
Logistics	Jeff Frodge	Shirley Josche
	David Cheesbro	Colette McGinnis
	Truman King	Stella Hull
Kitchen	Timothy Naylor	
	Kendall Applegate	

Please pray for our team members, that they will serve in humility, and with gratitude for the opportunity. That they will be reminded that the Holy Spirit calls for their love, patience, kindness, gentleness, and self control in all things!

Honoring America's Work Force Labor Day

Pilgrims - Walk #9

Men's Walk (Sept. 9-12)	Women's Walk (Oct. 7-10)
1. Shellie Baker	1. Carol Allen
2. Michael Berry	2. Oreatha Barber
3. Jim Butcher	3. Terry Barger
4. Peter Chamness	4. Elinda Boyles
5. Mark Cole	5. Denise Burke
6. Russ Ernst	6. Donna Commodore
7. Mark Garbett, Jr.	7. Kathy Conn
8. John Hannah	8. Clair Ernst
9. Ken Harmon	9. Gail Frazier
10. Jack Kendall	10. Nicole George
11. David Nash	11. Patty Gilmore
12. Lee Pertuset	12. Karon Hannah
13. Bill Tom Stone	13. Mary Harper
14. Kevin Thomas	14. Kay Marshall
	15. Tanya Mitchell
	16. Louann Nickell
	17. Casey Reed
	18. Elizabeth Reed
	19. Gabriel Reed
	20. Floretta Rice
	21. Helen Stephan
	22. Mary Werner
	23. Alyssa West
	24. Kay Whitaker

Please be in prayer, specifically by name, for these pilgrims who are answering God's call to participate in our upcoming walks. We ask that they have open ears, minds, and hearts to receive whatever He has in store for them!

News of the Men's Walk:

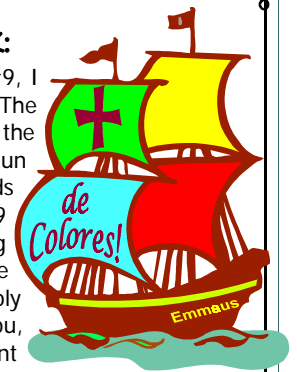
As Lay Director for Men's Walk #9, I bring greetings from your Emmaus Team! The good ship Emmaus has left the safety of the L.O.V.E. Community Harbor and has begun heading out into uncharted seas towards our future destination with the Walk #9 Pilgrims. As team preparations are being made, the team finds its spirits high and we anxiously await where the winds of the Holy Spirit will be taking us. Don't forget that you, the Emmaus community, are an important part of the success of this journey. Your participation in sponsorship, the 72 hour prayer vigil, candlelight, and the closing services all help to make our journey through the storms of this walk a success.

Don't forget that your gifts of agape are still needed and there are also still openings to help prepare and serve meals for Men's walk #9. Please feel free to contact me, Head Log—Jeff Frodge, or Kitchen Coordinator—Tim Naylor, to help.

It's through your prayers and thoughtfulness that we keep a strong wind at the backs of our Walk #9 team.

God Bless you all...

Jeff King, Lay Director—Men's Walk #9



Watching Out for One Another

What keeps a heart healthy for God? In the words of the prayer for the fifth Sunday in Lent from the *Book of Common Prayer*, a heart stays healthy by being "surely fixed where true joys are to be found." Our hearts can only be firmly set on those joys if they are real to us and if we trust God. This means spending adequate time with the Lover of our souls, sensing His presence, listening for His voice, allowing Him to assure us of His partnership and His promises. Such a "fixed heart" impels its owner to move forward in trust in the face of any difficulty, rather than succumb to temptation.

How can we possibly keep our heart "fixed" when so many forces vie for its affections and allegiance? God gives us not only His own presence and assurance but also many sisters and brothers (Hebrews 2:10-12) who will help us stay focused. We inherit both the benefits and the responsibilities of family, owning one another encouragement, support, and help on the road to perfection and receiving this encouragement, support, and help from our fellow disciples at our points of need and failure.

When I hear a friend speak openly of how he or she has encountered God and experienced God's presence and movement in life, I am strengthened and confirmed in my experience of God. Similarly, my sisters and brothers need the encouragement that comes from hearing about how God has helped me in a given situation or how he has strengthened me to overcome temptation or how He has made His presence and direction known to me.

Simply by talking with one another about what we have experienced of God and seeking God's help together, we will work powerfully to keep distrust from hardening the heart of any sister or brother. We are challenged to go further, working to counteract the beguiling and ever-present voice of sin.

Excerpts taken from *Adult Bible Studies-Summer 2004*, by David deSilva. Please join or begin a new share group. It will offer many blessings.

Colette McGinnis
The Good Shepherd

Flemingsburg UMC Praise Team to Lead August Gathering Music

The Praise Team of the Flemingsburg First United Methodist Church has been lifting God on high for over 6 years, with a few subtractions and additions.

The goal of the Team has always been to allow others to worship God through their music. Within that same goal is that the Team will also be worshipping at the same time. As they worship, the congregation will feel and hear the Spirit moving among them. When the Praise Team leads the Gathering at Ruggles Camp during the worship time, hands will be lifted high and hands will be clapping for the Lord.

There is a special feeling at Ruggles, and we all know what that is. . . IT IS HOLY GROUND! You will be blessed by joining in worship with the Praise Team of Flemingsburg!



From the Spiritual Director . . .

Hello beautiful Emmaus people!

Dr. Luke, in Acts 11.26, records an interesting historical fact of some importance when he writes, "and the disciples were first called Christians in Antioch."

The word Christian means: "follower of Christ".

The verb for "were called" means: "to be directed by God as if by divine oracle". This same verb was used by the Magi from the East who were divinely informed not to return to tell Herod where the baby Jesus was.

The first believers became known as Christians not as a means of ridicule, that has often been taught, but by divine direction. There's something about divine direction that stops people in their tracks spiritually and makes them take notice. One of the things I know was quite evident about followers of Christ in Antioch was that they were enthusiastic about their new-found faith. It wasn't a hyped-up, self-induced, psyched-up, enthusiasm, but one born out relationship with living God. After all these years, they had finally been dealt a winning hand!

One time an Easterner walked into a Western saloon and was amazed to see a dog sitting at a table playing poker with three men. He asked, "Can that dog really play cards?" One of the men answered, "Yeah, but he ain't much of a player. When he gets a good hand he wags his tail."

Think about it, we have been dealt a winning hand! God came looking for us despite our sin and rebellion to show us a wonderful new life, and the power by which to live it. That's cause for enthusiasm and optimism rising over cynicism, doubt, and unbelief.

In our upcoming men and women's Emmaus walks in September and October let us remember with enthusiasm, the winning hand God has dealt us. Let's remember we will be walking among pilgrims who need to see enthusiasm born out of our surrender to the divine direction of God. Physical eyes and eyes of the spirit will ex-

perience God as we enthusiastically and humbly serve the Lord in the 24-hour prayer vigil, fix food, prepare talks, praise God through music in the talk room, hold a candle up at candlelight, or making sure our sponsored pilgrim's family needs are met before leaving home.

We are winners! I've never seen a winner that wasn't enthusiastic.

De Colores,
Michael Canada—LOVE Community Spiritual Director

Agape News

Time is approaching fast for the L.O.V.E. Community fall walks. The Men's Walk is September 9-12 and the Women's Walk is October 7-10. Remember back to your walk to Emmaus, all those little gifts of agape that you found by your plate or on your pillow?

We now as a community need to supply those agape gifts to others on their walks. Some suggestions are ink pens, pencils, bookmarks, candy and items with scripture verses attached. Letters or notes may be written for the packet the pilgrim receives on Sunday. The options are endless. Use your imagination; give something that will let the pilgrim know you are thinking of them. You don't have to put your name on it but you can if you like.

There are 25-30 pilgrims and 25-30 team members. You can make agape for just the pilgrims or for both the pilgrims and the team members. These gifts of agape need to be counted and marked with the quantity, then placed in a Ziploc bag or secured with a rubber band. Please deliver them to the log room by Thursday evening at the beginning of the Walk. If you have questions or would like to have agape picked up and delivered for you call 606/564-7663 (during evening hours) or email me at agape@lovemmaus.org

DeColores, Julia Warner Agape Coordinator



Walk to
Emmaus
THE UPPER ROOMS

L.O.V.Emmaus Community
Limestone-Ohio Valley Emmaus Community

Upcoming Walk Dates Announced!

Walk #9

Men: September 9-12, 2004

Women: October 7-10, 2004

Walk #10

Men: May 5-8, 2005

Women: June 2-5, 2005

Walk #11

Men: September 8-11, 2005

Women: October 6-9, 2005

www.LOVEmmaus.org

L.O.V.E. Community Board of Directors

Chairman:

Bob Bennington
Home: 937-544-5900
Chairman@LOVEmmaus.org

Vice-Chairman:

Stacy Downing
Home: 606-759-7655
ViceChairman@LOVEmmaus.org

Secretary:

Judy Day

Treasurer:

Kay Moran

Immediate Past Chair:

Jim Downing

Spiritual Director:

Rev. Mike Canada
SpiritualDirector@LOVEmmaus.org

Sponsorship:

Roger Cheesbro
Sponsorship@LOVEmmaus.org

Registrar/Membership:

Cyndi Frodge
Membership@LOVEmmaus.org

Communications:

Rebecca Smith
Newsletter@LOVEmmaus.org
PO Box 845—Greenup, KY 41144

Agape Correspondence:

Julia Warner
Agape@LOVEmmaus.org

Gathering Committee:

Rev. Bill Henry

Music Director:

Sharon Snider

Good Shepherd:

Colette McGinnis
GoodShepherd@LOVEmmaus.org

Chrysalis Coordinator:

Debbie Shoemaker
Chrysalis@LOVEmmaus.org

Worship Director:

Delace Canada

Volunteer Coordinators:

Steve and Kathy Weber
Volunteers@LOVEmmaus.org

Logistics:

Tom and Shirley Josche

Social:

Bill and Georjean Shelton

Kitchen:

Pat Welti



Walk to
Emmaus
THE UPPER ROOMS

L.O.V.E. COMMUNITY

P.O. Box 454

Maysville, KY 41056